

Intermediate School Breakfast & Lunch Menus 2016-2017

	SCHOOLS									
	Monday	Tuesday	Wednesday	Thursday	Friday					
BREAFAST Main Entrée Additional choices available daily!	Donut Day!! Assorted Fruit 100% Fruit Juice Choice 1% White or Fat Free Flavored Milk	Pancake & Sausage on a Stick Assorted Fruit 100% Fruit Juice Choice 1% White or Fat Free Flavored Milk	Pork Sausage & Biscuit Sandwich Assorted Fruit 100% Fruit Juice Choice 1% White or Fat Free Flavored Milk	French Toast w/ Syrup Assorted Fruit 100% Fruit Juice Choice 1% White or Fat Free Flavored Milk	Funnel Cake Friday!! Assorted Fruit 100% Fruit Juice Choice 1% White or Fat Free Flavored Milk					
WEEK A	Chicken Tenders with Roll Mashed Potatoes & Gravy Sliced Carrots Assorted Fruit OR Stuffed Crust Pizza	Asian Tangerine Chicken Brown Rice Broccoli Cuts Celery Sticks with Dressing Assorted Fruit OR Chicken Patty Sandwich	Homemade Lasagna Garlic Toast Seasoned Green Beans Cucumber Slices OR Big Pizza Slice	Grilled Cheese Sandwich with Tomato Soup Buttered Corn Assorted Fruit OR Chicken Patty Sandwich	BUILD A BURGER with Assorted Toppings Tater Tots Baked Beans Assorted Fruit OR Stuffed Crust Pizza					
WEEK B	Cheesy Breadsticks with Pizza Sauce Seasoned Corn Sliced Carrots Assorted Fruit OR Big Pizza Slice	Spaghetti & Meat Sauce Garlic Bread Broccoli Cuts Salad Bar with Dressing Assorted Fruit OR Chicken Patty Sandwich	Popcorn Chicken with Roll Mashed Potatoes & Gravy Green Beans Assorted Fruit OR Stuffed Crust Pizza	Fresh Baked Turkey Sub Day Fresh veggie toppings Cole Slaw Baked Beans Assorted Fruit OR Chicken Patty Sandwich	Cinnamon French Toast Pork Sausage Patty Sweet Potato Casserole Salad Bar with Dressing Assorted Fruit OR Big Pizza Slice					
WEEK C	Hot Ham & Cheese Sandwich Hash Browns Sliced Carrots Assorted Fruit OR Stuffed Crust Pizza	Taco Mac Buttered Bread Slice Green Beans Salad Bar with Dressing Assorted Fruit OR Chicken Patty Sandwich	Chicken Nuggets with Roll Mashed Potatoes & Gravy California Blend Veggies Assorted Fruit OR Big Pizza Slice	Chili Cheese Coney Broccoli Salad Bar Assorted Fruit OR Chicken Patty Sandwich	Burrito Day Brown Rice Refried Beans Lettuce, Tomato & Salsa Assorted Fruit OR Stuffed Crust Pizza					
WEEK D	Chicken Smackers with Roll Smiley Potatoes Cheesy Broccoli Assorted Fruit OR Big Pizza Slice	Meatball and Mozz Grinder Seasoned Green Beans Fresh Steamed Cauliflower Assorted Fruit OR Chicken Patty Sandwich	Beef & Cheese Taco Salad Tortilla Chips Lettuce, Tomato & Salsa Brown Rice & Refried Beans Assorted Fruit OR Stuffed Crust Pizza	Pepperoni Calzone With Pizza Sauce Sweet Potato Casserole Salad Bar with Dressing Assorted Fruit OR Chicken Patty Sandwich	Cincinnati Chili Spaghetti Oyster Crackers Sliced Carrots Assorted Fruit OR Big Pizza Slice					

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For complete nutritional information down load the Nutrislice mobile app or visit our menu on the Nutrislice website littlemiamischools.nutrislice.com .

Breakfast = \$1.50 Lunch = \$2.60 Milk = \$0.55		Baked French Fries will be offered on Tuesday and Thursday for \$1.00 with the purchase of a meal. Fries will not be sold separately without a lunch purchase. Alternative daily options include Deli Sandwiches, Hamburger, and Cheeseburger.					Menu is subject to change without notice. Check the website at www.littlemiamischools.com for the most			
August	September	October	November	December	January	February	March	April	May	June
SMTWTFS	SMTWTFS	<u>SMTWTFS</u>	SMTWTFS	SMTWTFS	SMTWTFS	SMTWTFS	SMTWTFS	SMTWTFS	S M T W T F S	S M T W T F S
1 2 3 4 5 6	1 2 3	2 3 4 5 6 7 8	1 2 3 4 5	1 2 3	1 2 3 4 5 6 7	1 2 3 4	1 2 3 4	2 3 4 5 6 7 8	1 2 3 4 5 6	1 2 3 4
7 8 9 10 11 12 13	4 5 6 7 8 9 10	9 10 11 12 13 14 15	6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	5 6 7 8 9 10 11	5 6 7 8 9 10 11	9 10 11 12 13 14 15	7 8 9 10 11 12 13	5 6 7 8 9 10 11
14 15 16 17 18 19 20	11 12 13 14 15 16 17	16 17 18 19 20 21 22	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	12 13 14 15 16 17 18	12 13 14 15 16 17 18	16 17 18 19 20 21 22	14 15 16 17 18 19 20	12 13 14 15 16 17 18
21 22 23 24 25 26 27	18 19 20 21 22 23 24	23 24 25 26 27 28 29	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	19 20 21 22 23 24 25	19 20 21 22 23 24 25	23 24 25 26 27 28 29	21 22 23 24 25 26 27	19 20 21 22 23 24 25
28 29 30 31	25 26 27 28 29 30 1	30 31	27 28 29 30	25 26 27 28 29 30 31	29 30 31	26 27 28	26 27 28 29 30 31 1	30	29 30 31	26 27 28 29 30